

**Marble Falls ISD**  
**001 - MARBLE FALLS HIGH SCHOOL**  
**BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1  Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Dec - 2  Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 5	Dec - 6	Dec - 7	Dec - 8	Dec - 9
Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Burrito Breakfast Wrap Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz YOGURT PARFAIT Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce

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Dec - 12	Dec - 13	Dec - 14	Dec - 15	Dec - 16
Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Burrito Breakfast Wrap Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit YOGURT PARFAIT Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce	Waffle Bacon Bacon, Egg & CheeseTaco Pancake & Saugage on a S Breakfast Pizza Ham Cheese WG Croissant Cheerios Honey Nut WG Cocoa Puffs & Toast Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Muffin, Banana 3.15oz Blueberry Muffin Muffin, Choc Chip 3.6oz Muffin, Double Choc 3.15oz Variety Fresh Fruit Assorted Juice Fat Free Chocolate Milk Low Fat Milk Jelly Syrup Picante Sauce

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