

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1  Chicken Nuggets Dinner Roll WG Cheese Burger PBJ Grape Uncrustable 5.3 Power Pack Burger Salad Mashed Potatoes Cream Gravy Mandarin Oranges Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing	Dec - 2  Mandarin Orange Chicken Hot Dog PBJ Grape Uncrustable 5.3 Power Pack Tater Tots Baby Carrots Sidekicks Frozen Variety 100% Variety Fresh Fruit Vanilla pudding/Choc Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Sweet & Sour Sauce
Dec - 5  Spicy Chicken Burger Cheese Burger Power Pack PBJ Asst. Uncrustable 5.3oz Burger Salad Tater Tots Broccoli- fresh 1/2c Pineapple Cups Sidekicks Frozen Variety 100% Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise Ranch Dressing	Dec - 6  Nacho Chips Taco Meat Queso Nachos Cheese Enchiladas PBJ Grape Uncrustable 5.3 Power Pack Garden Salad Garden Salad Black Beans 1/2c Strawerries Fruit Cup Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Picante Sauce	Dec - 7  Cheese Sticks & Marinara Marinara Sauce Cheese Stuffed Bread Stk PBJ Asst. Uncrustable 5.3oz Power Pack Garden Salad Seasoned Corn Peaches, Diced - Cup Sidekicks Frozen Variety 100% Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk	Dec - 8  Smoked Pork Sandwich Steak Fingers Dinner Roll WG PBJ Asst. Uncrustable 5.3oz Power Pack Mashed Potatoes Cream Gravy Green Beans Mandarin Oranges Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Ketchup Cup Ranch Dressing Pickles BBQ Sauce	Dec - 9  Chicken Sweet & Sour Rice Corndog PBJ Asst. Uncrustable 5.3oz Power Pack Fresh Medley Tater Tots Seasoned Corn Sidekicks Frozen Variety 100% Variety Fresh Fruit Fat Cat Cookie ( IW) Fat Free Chocolate Milk Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise Ranch Dressing Sweet & Sour Sauce

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Marble Falls ISD**  
007 - Falls Career High/Epic

**LUNCH**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Dec - 12	Dec - 13	Dec - 14	Dec - 15	Dec - 16
Chicken Burger Cheese Burger Power Pack PBJ Grape Uncrustable 5.3 Tater Tots Garden Dippers Strawberries Fruit Cup Sidekicks Frozen Variety 100% Variety Fresh Fruit Pumpkin Cookie Fat Free Chocolate Milk Low Fat Milk Ketchup Cup Mustard pc 2ea Mayonnaise Ranch Dressing	Crispy Tacos Tamales Cheese Enchiladas PBJ Asst. Uncrustable 5.3oz Power Pack Garden Salad Bush's Chili Beans 1/2c Strawberries Fruit Cup Applesauce Cup- Mango Peach Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Picante Sauce jalepeno's Ranch Dressing	Pepperoni Pizza Cheese Stuffed Bread Stk Marinara Sauce PBJ Grape Uncrustable 5.3 Power Pack Baby Carrots Seasoned Corn Peaches, Diced - Cup Sidekicks Frozen Variety 100% Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Ranch Dressing	Chicken Nuggets Dinner Roll WG Cheese Burger PBJ Grape Uncrustable 5.3 Power Pack Burger Salad Mashed Potatoes Cream Gravy Mandarin Oranges Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing	Grilled Cheese Sandwich Power Pack Fresh Medley Sidekicks Frozen Variety 100% Variety Fresh Fruit Chocolate Pudding w/top Fat Free Chocolate Milk Low Fat Milk Ketchup Mustard pc 2ea Mayonnaise Ranch Dressing Sweet & Sour Sauce

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