

Marble Falls ISD
007 - Falls Career High/Epic
BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1 Breakfast Pizza Sandiwch , Maple Pancake Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk	Dec - 2 Waffle Dutch Concha Asst. & Yoplait Yogurt Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup
Dec - 5 Pig in a Blanket Concha Asst. & Yoplait Yogurt Variety Cereal Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 6 Egg & Cheese Taco Bacon, Egg & CheeseTaco Muffin, Choc Chip 3.6oz Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 7 Sausage Biscuit Concha Asst. & Yoplait Yogurt Variety Cereal Fresh Orange Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly Cream Gravy	Dec - 8 Breakfast Pizza Sandiwch , Maple Pancake Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 9 Whole Grain Glazed Donut Concha Asst. & Yoplait Yogurt Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk
Dec - 12 Waffle Bacon Concha Asst. & Yoplait Yogurt Variety Cereal Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 13 Egg & Cheese Taco Bacon, Egg & CheeseTaco Blueberry Muffin Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 14 Sausage Biscuit Concha Asst. & Yoplait Yogurt Variety Cereal Fresh Orange Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly Cream Gravy	Dec - 15 Breakfast Pizza Sandiwch , Maple Pancake Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Variety Fresh Fruit Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 16 Waffle Dutch Concha Asst. & Yoplait Yogurt Variety Cereal Apple Juice 4oz Carton Orange Juice 4oz Carton Fresh Banana Fat Free Chocolate Milk Low Fat Milk Syrup

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.