

Marble Falls ISD

BREAKFAST ALL ELEMENTARY

Nov 16, 2022

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1 Breakfast Pizza Concha Asst. & Yoplait Yogurt Lucky Charms 2 oz. Cinnamon Toast Cereal Fresh Banana Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 2 Whole Grain Glazed Donut Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cocoa Puffs Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk
Dec - 5 Waffle Dutch Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerios Honey Nut WG Cocoa Puffs Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 6 Sandiwch , Maple Pancake Concha Asst. & Yoplait Yogurt Lucky Charms Cinnamon Toast Cereal Variety Fresh Fruit Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Syrup	Dec - 7 Sausage Biscuit Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cinnamon Toast Cereal Fresh Orange Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 8 Breakfast Pizza Concha Asst. & Yoplait Yogurt Lucky Charms Cinnamon Toast Cereal Fresh Banana Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 9 Waffle Dutch Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cocoa Puffs YOGURT PARFAIT Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Syrup
Dec - 12 Pig in a Blanket Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cocoa Puffs Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly	Dec - 13 Egg & Cheese Taco Bacon Concha Asst. & Yoplait Yogurt Lucky Charms Cinnamon Toast Cereal Fresh Banana Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Hot Sauce	Dec - 14 Sausage Biscuit Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cocoa Puffs Fresh Orange Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk Jelly Syrup	Dec - 15 Breakfast Pizza Concha Asst. & Yoplait Yogurt Lucky Charms Cinnamon Toast Cereal Fresh Banana Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk	Dec - 16 Whole Grain Glazed Donut Light & Fit Yogurt Muffin, Blueberry 3.6oz Cheerio Hny Nut Cocoa Puffs Fresh Apple Apple Juice 4oz Carton Orange Juice 4oz Carton Fat Free Chocolate Milk Low Fat Milk
Dec - 19	Dec - 20	Dec - 21	Dec - 22	Dec - 23
Dec - 26	Dec - 27	Dec - 28	Dec - 29	Dec - 30

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.